

STANDING CALF

JXL - 508 - RBK - BL

The Standing Calf allows the user to isolate and overload their calf muscles in a safe and effective way. The machine has the provision to load plates as well over and above the standard weight stack to overload the muscle.



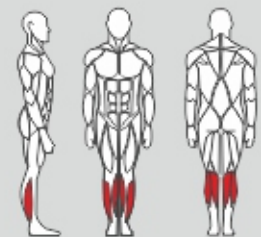
FEATURES

- ◆ **Adjustable Shoulder Pads:** Padded and height-adjustable shoulder supports ensure comfort and accommodate users of various heights.
- ◆ **Ergonomic Design:** Ensures proper posture to target calves while reducing back strain.
- ◆ **Adjustable Shoulder Pads:** Height-adjustable, padded supports for comfort and stability.
- ◆ **Smooth Resistance:** High-quality weight stack ensures controlled, seamless motion.
- ◆ **Muscle Isolation:** Focuses on calf strength and toning for effective results.

SPECIFICATIONS

DIMENSIONS:

Length: 56 inches / 142 cms
Width: 44 inches / 112 cms
Height: 75 inches / 191 cms
Weight: 530.2 lbs / 240.5 kg
Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Gastrocnemius, Soleus, Tibialis Anterior

COLOUR AVAILABLE: Dark Silver